

Frequently Asked Questions (LABIOPLASTY)

Q: What is Labioplasty?

A: Labioplasty is a 90 minute out-patient procedure performed with a laser to sculpt the labia minora. When elongated, the labia minora (inner labia) may interfere with exercise, in intercourse, and may limit clothing options. Most patients who undergo labioplasty do not want the labia minora to protrude beyond the labia majora (outer labia).

Q: What is Designer Laser Vaginoplasty® (DLV®)?

A: Designer Laser Vaginoplasty® is the reconstruction and contouring of the genitalia to restore and/or reshape the tissue to a more youthful or symmetrical appearance.

Q: Why is a laser used in these procedures?

A: The medical laser used in these procedures provides our surgeons with improved precision when it comes to cutting and dissecting of tissue. Other benefits of the laser include: decreased blood loss, reduced tissue damage and subsequent scarring which may result in improved healing.

Q: How do I know if I'm a good candidate for these procedures?

A: At Women's Wellness Institute of Dallas we believe cosmetic surgery is about aesthetics, confidence, and above all, patient safety. We believe there is no such thing as a universal standard for female genital beauty or vaginal diameter. We do, however, believe women should have the option to alter the aesthetics or function of their body based on their own perception and individual desires. There are safe and effective methods for achieving these changes in our private surgical suites.

Q: Is there a cost for my initial consultation with the doctor?

A: No. Your initial consultation is free.

Q: Are these procedures covered by my insurance?

A: In general these procedures are cosmetic, (the same as breast augmentation, abdominoplasty, and face lifts) and as such are not covered by insurance.

Q: What about financing?

A: Women's Wellness Institute of Dallas has made arrangements with a few national institutions to offer you attractive plans including 6 months/no interest.

Q: How much do these procedures cost?

A: Case fees are based on your medical history and the exam performed at your consultation visit.

Q: Where is the surgery performed?

A: Almost all of our procedures are performed in our very private surgical suites right here in our offices. The surgery suite is AAAASF accredited –the gold standard in patient safety.

Q: How long do these procedures take?

A: Individual procedures typically take between 1 and 2 hours. Combination procedures will take longer depending on the procedures chosen.

Q: What types of anesthesia are available?

A: IV sedation and general anesthesia are available. Your particular anesthetic will be determined by the anesthesiologist assigned to your surgery.

Q: What kind of pain can I expect after the surgery?

A: Due to our technique, pain is minimal due to liberal use of local anesthetic and/or nerve blocks when indicated. You should expect very limited pain for the first 18 to 24 hours. After this, most patients report mild to moderate discomfort for a few days which can be controlled by analgesics and cold packs to the area. You are likely to have some continued soreness for a few weeks after surgery, but this should not limit your normal activities.

Q: Will I have a catheter after surgery?

A: Possibly. Generally after DLV catheters are not required. However, with LVR or combination procedures, catheters are sometimes required for up to 72 hours.

Q: How soon after surgery can I return to work?

A: In general returning to work is dependent on the type of work you do and the type of surgery you have. Most patients can return within about 1 to 2 days. For others one week is ideal.

Q: I am from out of town. How long before I can travel back home after my surgery?

A: Patients who undergo Designer laser Vaginoplasty, or Labioplasty, may return home the following day.

Q: How soon can I have sex after surgery?

A: We ask that you abstain from sexual intercourse for 6 weeks to ensure the best aesthetic results.

Q: Can Laser Vaginal Rejuvenation® and/or Designer Laser Vaginoplasty® be combined with other cosmetic surgical procedures?

A: Yes, Dr. Brady works with a number of plastic surgeons to combine other plastic/cosmetic procedures such as breast augmentation, liposuction, or tummy tucks, with Laser Vaginal Rejuvenation® and/or Designer Laser Vaginoplasty®. In these situations your surgery will typically be conducted in one surgical session, thereby minimizing the risks and inconvenience of multiple surgeries.