

THE G-SHOT®

BACKGROUND INFORMATION

The G-spot is named for Dr. Ernest Grafenberg, who first described it in a 1950 article in the International Journal of Sexology. He found a highly erogenous zone inside the vagina that gets bigger when directly stimulated and that can lead to a powerful climax.

...an erotic zone could always be demonstrated on the anterior wall of the vagina along the course of the urethra,... [which] seems to be surrounded by erectile tissue like the corpora cavernosa [of the penis]... In the course of sexual stimulation, the female urethra begins to enlarge and can be easily felt. It swells out greatly at the end of orgasm. The most stimulating part is located at the posterior urethra, where it arises from the neck of the bladder

As sex is among the more powerful forms of pleasurable stimuli known to man, researchers among the biological, anthropological, and medical fields have endeavored to discover greater knowledge of human sexuality.

This discovery can enhance sexual stimulation for women and deepen many facets of pleasure.

HOW IT WORKS

The G-Shot® is a painless office procedure performed in your doctor's office under local anesthesia. The actual injection usually takes less than 8 seconds and the total office visit time is usually less than 30 minutes. A specially designed speculum is used to assist in the deliver a specified amount of human engineered collagen directly into the G-Spot after local anesthesia. The G-Shot® augments (enlarges) the G-Spot. This results in a G-Spot about the size of a quarter in width, and one fourth of an inch in height (meaning the projection into the vagina). Note that results do vary.

WHAT TO EXPECT

Before you try and schedule your first G-Shot® treatment consultation, you probably have some questions, such as: How long will it take? How long will the results last? When can I resume sex?

The day of your appointment: Allow time before your appointment for filling out forms and for consulting with Dr. Brady.

You may also be asked about your expectations for treatment and if you have any allergies or any condition that wouldn't make you a good candidate for the G-Shot.

Before the procedure: In the consultation process Dr. Brady will educate you on the G-Spot and how to localize it. She will go over risks and complications verbally and she will give you written consent as well. It is important to the doctor that every patient is completely informed of the risks, complications and alternatives to the procedure.

You will then go into the examination room alone and perform a self examination based upon the doctor's instructions and after you are comfortable with the localization of the G-Spot you will notify the assistant and they will come in to start the procedure.

The procedure: You will be positioned on the examination table as if you are "getting a PAP smear" and Dr. Brady will do a pelvic exam and measurement of the G-Spot based upon your direction. She will transfer this measurement to a ruler and then a special speculum. The speculum, which has the location of the G-Spot on it, will then be inserted into the vagina and then a small needle will be used to deliver a small amount of local anesthetic in the area of the G-Spot. Then the collagen product will be injected. After this a tampon is placed (the tampon is to be removed in 4 hours). The entire G-Shot® injection procedure takes approximately 10 minutes.

After the procedure: There's no recovery time needed. You're ready to get on with your day! The most common side effect following injection includes scant bleeding from the needle injection site.

Results: Within 4 hours you can resume normal sexual activity. Results can last up to 4 months. Results do vary.