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# D Beauty

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THE COMPLETE DALLAS GUIDE TO BEAUTY & WELLNESS

# D Beauty

DALLAS / FORT WORTH

**“I’m a  
runaholic.”**

One Dallas girl’s  
confession

{ p. 38 }

## Drink Up

THE SKINNY ON  
WHAT’S IN THAT  
LIQUID BOOST

**TRUE  
TALES**

3 Dallas Moms  
Turn To Plastic  
Surgery

## Dallas Beauty Secrets

+ 101 ways  
to shape up  
and get chic!

## Ah, Spa!

TOP TREATMENTS IN  
YOUR NEIGHBORHOOD

{ p. 27 }

## { BODY MATTERS }

### Sensitive Subject

Laser Vaginal Rejuvenation and Designer Laser Vaginoplasty are surgeries so taboo that only a handful of doctors in the nation perform them. The former tightens the vagina to enhance sexual gratification; the latter addresses the aesthetic appearance. Only one doctor in Dallas performs these surgeries: **Dr. Wesley Anne Brady of the Women's Wellness Institute of Dallas**, who, after reading "Like a Virgin" in the May 2006 issue of *D Magazine*, went to Los Angeles to train with pioneering



cosmetogynecologist David Matlock, M.D. Dr. Brady says it's time women talked more openly about the sexual frustration they experience after childbirth. Vanity's not to blame for women wanting LVR; rather, it's a way for a woman to improve her well-being in a way that only she (and maybe a special he) will ever notice. 9101 N. Central Expwy., Ste. 550. 214-442-0055. [www.womenswellnessinstitute.com](http://www.womenswellnessinstitute.com).